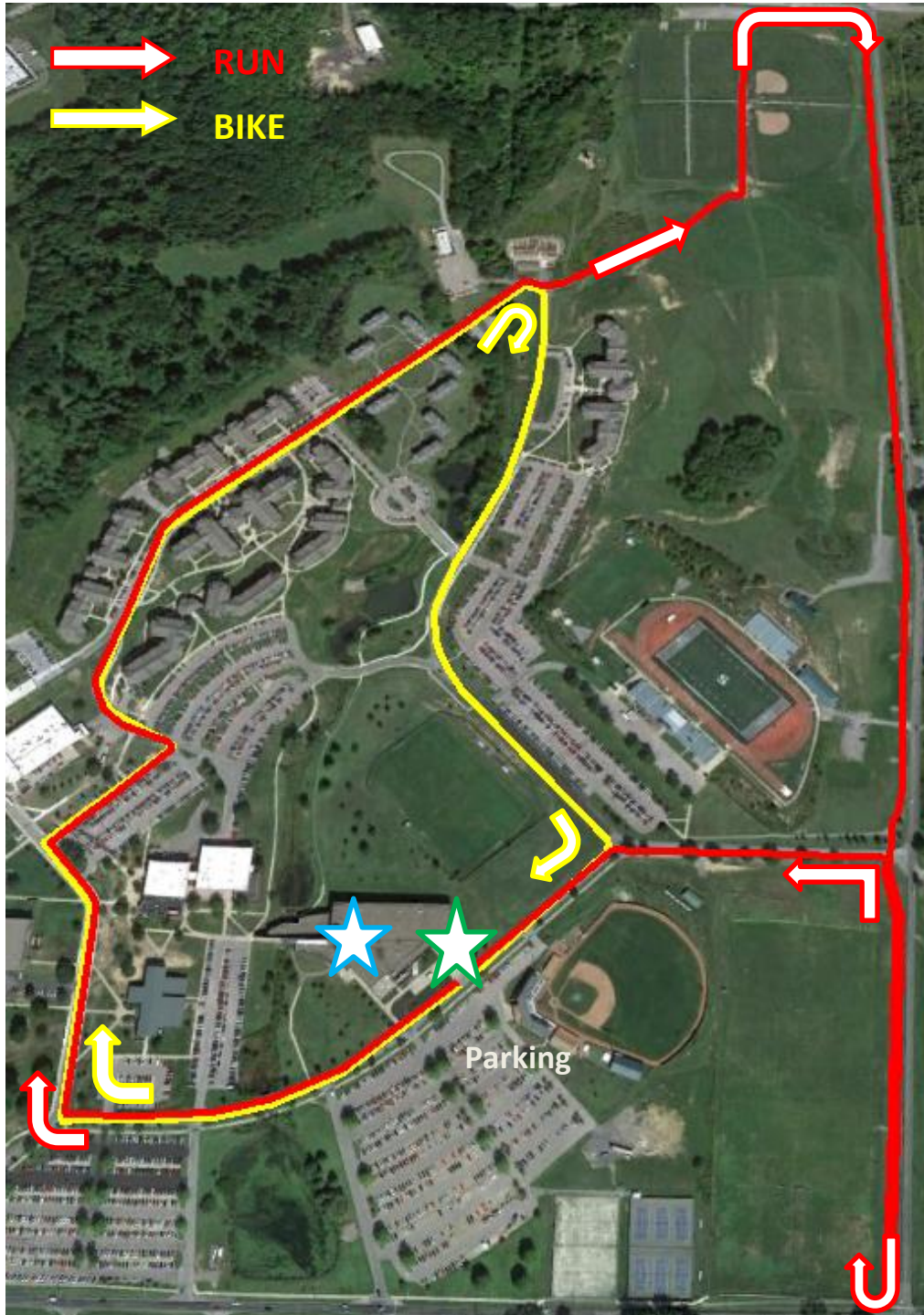


SRU Campus Recreation Mini Triathlon Course Map



Course Description



Swim 425 yards

Swim start is located in the Aebersold Recreation Center (ARC) Pool. There will be 2 swimmers per lane each swimming on their own side (no circle swimming). Swim consists of 17 lengths totaling 425 yards in total.



Transition Area- Located on the S.E. lawn located next to the ARC.



Bike Course 10.5 Miles

The bike course consists of a 1.3 mile loop completed 8 times to equal 10.5 miles in total. Exit transition area- Right onto Stadium Drive (asphalt) – Right onto E. Campus Loop (asphalt)- Right into Union Parking lot (asphalt) – Sharp Uphill Left turn (caution) onto access road behind Boozel Dining Hall (asphalt) – Merge right onto Rock Pride Drive (asphalt) – Sharp right onto North Road (asphalt) – Right onto Stadium Drive.



Run Course 2.5 Miles

The run course consists of a loop completed 1 time to equal 2.5 miles in total. Exit the transition area – Right onto Stadium Drive (asphalt), Right onto E. Campus Loop (asphalt road or cement sidewalk) – Right into Union Parking lot (asphalt) – Sharp Uphill Left turn (caution) onto access road behind Boozel Dining Hall (asphalt) – Merge right onto Rock Pride Drive (asphalt road or cement sidewalk) – Left on Gravel Road (gravel) – Left on gravel path through the Intramural Complex (gravel) – Right through parking lot (gravel) – Right onto Exercise path (along Harmony Road- Asphalt) – U-Turn at the end of the Exercise Path – Left onto Stadium Drive (asphalt).